

Blairwood *SwimAmerica* - Swim School

Spring 2012* Limited Enrollment*

SwimAmerica is the Nation's leading swim school. The *SwimAmerica* lesson program is technique-oriented. We focus on proper stroke mechanics from the very first lesson. Each level (station) has a well-defined skill. When a child masters that specific skill, he or she is ready to move to the next level. *SwimAmerica* employs caring instructors who have all received Level 2 certification from the *American Swim Coaches Association*. Children who go through the *SwimAmerica* lesson program acquire the correct technique for future swimming. Swim coaches are always thrilled to gain a swim team member who learned to swim at *SwimAmerica*.

SwimAmerica GROUP LESSONS

These lessons are our most popular lessons. For ages 3 -12 they are offered for beginning & intermediate swimmers who need to learn the building blocks of swimming and water safety. The program consists of mastering 6 levels and then moving on to Stroke School (levels 7-10) Children are placed in groups of 3 to 4 - *Coach to Student ratio never exceeds 1:4*. As children progress through the levels, they will have the opportunity to swim with children at a similar level each time. *Unique to SwimAmerica is that we assess your child's progress and move children to a different level if a current station isn't meeting their needs.*

SwimAmerica *ADVANCED* STROKE SCHOOL

Stroke School is offered to children who have mastered Levels 2-6 and can side breathe on both sides (freestyle) and swim backstroke. The goal of Stroke School is to perfect freestyle, backstroke, butterfly and breaststroke plus racing starts and turns – *all to be ready for swim team*. Stroke School swimmers are also invited to swim in our swim meets at no additional charge. *Each lesson lasts 55 minutes. Coach to student ratio 1:10. All Stroke School classes are taught by experienced coaches who are ASCA Certified Level 2 or higher and are ASCA certified stroke technicians.*

EASY TO REGISTER! *Please complete the information on the reverse side.*

- Return this form with payment to Blairwood Swim & Tennis Club, 9300 Blairwood Rd., Lou., KY 40222 or Fax to: 425-7918. Email Blairwoodswima@aol.com or call 426-8820 ext 229 Jill Burckle, Program Director
- *Availability is determined on a first come, first serve basis. Preference is given to existing students.*
- Sometimes a child is not ready for Group Lessons – when this is the case we suggest Private Lessons. In this case any payment received for Group Lessons will be credited to the Private Lesson.

NO REFUNDS - NO MAKE-UPS

SwimAmerica STROKE SCHOOL/GROUP LESSON APPLICANT INFORMATION

Swimmer's Last Name: _____ First Name: _____

Age: _____ Date of Birth: _____ School: _____

Parent's Last Name: _____ First Name: _____

Address: _____ City & State: _____ Zip: _____

Work #: _____ Home #: _____ Cell#: _____

Email Address: _____

Emergency Contact: _____ Phone #: _____

Spring "Mini" Session C: April 14 – May 20, 2012 (5 classes)

Saturday Classes April 14, 21, 28 May 12, 19 (No Class Derby Day May 5)

Sunday Classes April 15, 22, 29, May 6, 20 (No Class Mother's Day May 13)

Cost: \$80 – Member \$90 – Non-Member

NO REFUNDS *** NO MAKEUPS FOR SPRING SESSION

PLEASE CHECK THE CLASS FOR WHICH YOU ARE REGISTERING

ADVANCED SATURDAY STROKE SCHOOL *SwimAmerica* Levels 7 – 10 taught by age groups

12:00 – SOLD OUT 1:00 – SOLD OUT 2:00 – 10 & over Advanced

ADVANCED SUNDAY STROKE SCHOOL *SwimAmerica* Levels 7 – 10 taught by age groups

2:00 – 5,6,7,8 3:00 – 10 & over Advanced 4:00 – 7,8,9 Advanced

SATURDAY GROUP LESSONS *for Beginner/Intermediate swimmers* Levels 1 – 6 Grouped by Level

Classes are 30 minutes - Check desired class time Class numbers have strict limits

Beginner: *SwimAmerica* Levels 2

Intermediate: *SwimAmerica* Levels 3,4,5,6

12:00 12:30 1:00 1:30 2:00 2:30

Level -- Please check the current level of your child's swimming ability

Beginner: Level 2 – Goes Underwater by self

Intermediate: Level 4 – Streamlines/Rolls/Frontbreaths Level 3 – Back Floats/Front floats

Level 5/6 – Freestyle Side Breathing/Backstroke **SOLD OUT**

PAYMENT- Please return *with payment* to: Blairwood Swim & Tennis • 9300 Blairwood Rd • Lou, KY 40222.

Payment by: Check Cash Visa Mastercard Discover

Amount paid: \$ _____ Card # _____ Exp Date _____

Name of cardholder: _____ Signature: _____