



BLAIRWOOD MEMBER GUIDELINES

The following rules and regulations of Blairwood Tennis, Swim & Fitness Club (the “Club”) are set forth in the best interests of the entire membership and are effective as of club opening, superseding all previous rules and regulations and are subject to change, without notice, and interpretation by Club Management.

CONDUCT

- Members shall conduct themselves and their activities on Club property so as to assist management in maintaining appearance, usefulness and efficiency in club operations.
- Blairwood is a “no smoking” facility. No smoking is allowed anywhere within the facility or on the grounds.
- Members should conduct themselves in a manner conducive to a private club environment. Examples of unacceptable behavior include: using profanity, berating employees or other members, fighting, etc. Non-compliance of any Club rule could result in suspension or termination of membership privileges.

DRESS CODE

- General indoor club spaces: acceptable workout shirt/top and pants/shorts or cover-ups and shoes must be worn at all times. In some workout classes such as Yoga or Pilates, socks and shoes may be optional.
- Blairwood Grill - Casual attire, including tennis clothes, may be worn in the bar and grill. Please be considerate of the furniture – dry clothes only. Shirts or cover-ups and shoes must be worn at all times. (Muscle shirts/men’s tank tops are not permitted).
- Tennis - Proper tennis apparel must be worn at all times on the courts. Shirts without rips or tears must be worn. Customary women’s tennis attire without a collar is acceptable. Cut-offs, jeans, and swimsuits are unacceptable. Running or black/dark soled shoes are not permitted on the courts. No running shoes on clay courts (smooth soled shoes only).
- Fitness/Gymnasium - shirts and appropriate shoes must be worn. Dress must be athletic attire. No cut-off shorts, swimsuits, jeans, wide gapped muscle shirts, cut-off shirts, or other apparel deemed inappropriate by the Fitness Director or a Club Manager.
- Pools – Swimsuits may be worn at the pools and in locker room wet areas. Members in swim attire should cover up before entering the club indoor facilities.
- General - Hats, shirts, etc. with inappropriate wording or pictures are prohibited.

PARKING

- For the safety and convenience of all members, please park only in appropriate, lined parking spaces. Parking in loading zones and on grass is prohibited. We advise you to secure all valuables and lock your vehicle. The club is not responsible for damaged or stolen property or vehicles.

CLUB ACCESS

- Each member is provided with a membership key card. Please present your card at Member Services or the Outdoor Pool Check-In each time you enter the club. All members are required to maintain a current picture in our membership system for club admittance.

GUEST POLICIES

- Blairwood is a private club intended for the use and enjoyment of its members. Members are allowed to bring guests to the club. The member is responsible for their guest during each visit, and is responsible for paying the applicable guest fee (\$10).

UNATTENDED CHILDREN

- Children ages 11 and under may not be left unattended at the Club. A parent or guardian (age 18+) must be on Club grounds. Parents are expected to supervise child(ren) at all times.

LOCKER ROOMS & TOWELS

- Our locker rooms are reserved for members and guests 16 & older.
- Each locker room features showers, steam room, sauna, televisions, and sitting area. Shampoo, soap, and hairdryers are available in the locker rooms. Towels are available at Member Services.
- Proper bathing attire or towels must be worn in the steam rooms and saunas.
- No radios or loud music are permitted in the locker rooms.
- Club towels are only for members to use for fitness and in the adult locker rooms. Towels are located at Member Services. Please place any used towels in the towel bins.
- Please bring towels from home for use at the outdoor pools.

OUTDOOR POOL RULES

- Weather permitting, the pool opens Memorial Day weekend and closes Labor Day weekend.
- Members must show their membership card and register guests.
- Only members with pool access and their registered guests may enter the club pools.
- If you and your guests are coming to use the outdoor pools, it is recommended that you check in at the Outdoor Pool Check-In desk, located off the north parking lot.
- Unless participating in supervised swim lessons, team practices, or meets, swimmers may only use the outdoor pool when guards are on duty, as applicable to state law. Children under 12 years of age must be accompanied by an adult at the outdoor pool.
- Children under 12 years of age that have not passed a swimming/diving test must be supervised by an adult while in the pool and are not allowed to go off of a diving board.
- Club kickboards and pull buoys are for lap swimmer only.
- The following are prohibited in the pool area:
 - Running, dunking, pushing, towel snapping, playing on ladders, excessive splashing, carrying a person on another's shoulders, or other unsafe practices.
 - Any glass containers including drink glasses and glass baby bottles.
 - No floats inside lap lane lines.
 - Floats may be prohibited on exceptionally crowded days.
 - No water guns.
 - No cutoffs or tennis shorts in the pools.
- Children who are not completely toilet trained must wear swim diapers in all pools. No disposable diapers are permitted. Swim diapers are available to purchase at the Outdoor Pool Check-In. Children wearing swim diapers are not permitted in the 50-meter outdoor pool.
- The baby pool is for younger children. A parent or guardian must remain in the baby pool area at all times. Children ages 6 and up should use the larger pools.
- No plastic, hard rubber, or tennis balls permitted in the pool or pool area.
- Lap lane is for lap swimmers only.
- Diving well rules:
 - One at a time on board.
 - No one is permitted on the diving board ladders while board is in use.
 - No diving until the previous diver has moved to the side of the pool.
 - Non-swimmers are not permitted on the boards.
 - Anyone under the age of 12 must pass a swimming/diving test in order to use the boards.
 - All divers must go straight off the front of the board and swim immediately to the ladder closest to them.
 - No balls in the diving well.
 - No handstands or cartwheels off the boards.
 - No flotation devices may be used on the diving boards (i.e.: inner tubes, water wings, etc.).
 - No back flips, back dives, or reverses are allowed off of any diving board.
- Any swimmer experiencing or recently getting over an illness is asked to refrain from swimming. A club representative can refuse admission, or expel from the water, anyone having any contagious disease, infectious conditions such as colds, fever, ringworm, foot infections, skin lesions, carbuncles,

boils, inflamed eyes, ear discharges, or any other condition which has the appearance of being infectious. Persons with excessive sunburn abrasions that are not healed, corn plasters, bunion pads, adhesive tape, rubber bandages, or other bandages of any kind are not to be permitted in the water.

- A person under the influence of alcohol or exhibiting erratic behavior shall not be permitted in the pool area.

INDOOR POOL RULES

- All users must sign in each time prior to using any equipment.
- The outdoor pool safety rules apply.
- Diving is not permitted.
- Wet facilities (steam rooms and sauna): Please be aware of the health risks associated with the use of the wet facilities. Juniors under the age of 16 are not permitted, under any circumstances, to use these facilities. Others should not exceed 15 minutes of usage.
- All pool and wet facility users must shower prior to using.
- Personal grooming such as shaving is not permitted in the wet facilities.
- Persons on medication, older adults, and pregnant women should consult their physician prior to using the wet facilities.
- The indoor pool is primarily a lap swimming pool. **Persons aged 15 and under must be accompanied by a responsible person age 18 or older.** Children's and family swim hours and special programs (lessons, aqua aerobics, etc.) will be scheduled from time to time and will result in temporarily closing all or part of the indoor pool. Usage patterns will dictate further regulating of the indoor pool.
- Rafts and large floats are not permitted.

TENNIS RULES

- The Club provides for all court reservations at the Member Services desk.
- Membership number and type must be given with all reservations. The name of each court participant should be given at the time the reservations are made (if known).
- Indoor courts may be reserved up to six (6) days in advance.
- Permanent or seasonal/contract time may be pre-booked for 34 weeks. Members contracting for pre-booked time are financially obligated for the entire amount due. This is set up on an annual basis with the previous year's seasonal time holder receiving first right of refusal.
- Tennis lessons may be scheduled by contacting the Front Desk.
- All court and lesson fees must be paid or signed for prior to entering courts.
- Outdoor courts may be reserved up to three (3) days in advance. A maximum of 1½ hours for singles or doubles. Players may play in only one reserved time slot per day excluding leagues, tournaments, or interclub play. Eligible members may "walk on" at any time.
- "Walk on" is defined as reserving a court a maximum of one hour in advance. "Walk on" courts are limited to one hour. If courts are available, additional time will be available in ½ hour increments.
- Juniors (17 and under) unless playing with an adult, may not reserve outdoor tennis courts weeknights after 5:00 p.m. or on weekends except on a "walk on" basis.
- Court and lesson reservations must be cancelled 24 hours in advance to avoid being charged the appropriate fees.
- Food and drinks are not allowed on the courts. Water (in closed containers or thermoses only) is allowed on the courts.
- The use of profanity, loud noises, racquet throwing and any form of misconduct is not permitted.
- Members must cease playing immediately at the end of their allotted court time. Conversely, the next court occupants must wait in the lobby area (or outdoors, off the court area) until the proper time.
- The Director of Maintenance or Tennis Director, or in their absence, a manager-on-duty, will be responsible for determining whether the fast dry (clay) courts are playable. Members may not play on puddled or wet courts.
- Only club professionals and teaching staff may give lessons or clinics.

- Our goal is to open the clay courts on May 1st. We will maintain the courts until October 1st. The courts will close on November 1st.
- The hard courts remain open year round pending weather.

GROUP EXERCISE

- Unless noted, juniors 16 and under are not permitted in the adult classes. The only exception to this is when a junior has prior permission granted by the Fitness Director and in this case, the junior may attend specially selected classes. For safety and usage flow reasons, no infants, toddlers or young children are allowed in the aerobics studio during classes, even if secured by a stroller, pumpkin seat, etc. (even if attended by an adult.)
- Aerobics Etiquette: If you arrive late for a class, please be courteous and remain toward the back of the class. Exception: if the class is crowded and there is open space just in front.
- For your safety: If you attend classes and have present or past conditions of high blood pressure, any known cardiac problems, diabetes, or if you are a smoker, please consult your physician for consent. Otherwise, aerobics can be dangerous.

TREADMILL

- For your protection, each treadmill is equipped with a safety shutoff.
- Each walker/runner may only go one cycle at a time. After stepping off the treadmill, you may sign up for an additional cycle if no one is waiting. Always check waiting list and consult fitness staff for clarification.
- Use the railings for balance only. They are NOT meant to support your weight.
- Do not close or cover your eyes while belt is moving.
- Make sure the treadmill has come to a complete stop before attempting to step off.
- Hand weights are not permitted.
- Drinks are not permitted.
- Wipe sweat from handrails and control panel once belt has stopped.

CARDIO ROOM

- All users must sign in each time prior to using any equipment.
- These guidelines are in place to help provide a safe, consistent environment for the members while keeping the majority in mind. The Fitness Director and/or Fitness Staff has the final say in any discrepancies or questions pertaining to these guidelines.
- Typically, a qualified trainer in fitness principles will be on duty.
- No one under 10 can use the Fitness Center. 10 – 17 year olds need prior approval from the Fitness Director and a parent must be present. An eligibility file will be maintained at the fitness desk. Any exceptions must be approved and kept on file by the Fitness Director.
- Please carry a towel to wipe off pads when finished.
- Infants, toddlers or young children are not permitted in the Fitness Center even if secured by a stroller, pumpkin seat, or belly/back pack, etc.
- Clips MUST be used on all weight lifting bars.
- Please be considerate of your fellow members, unload all weights from leverage equipment when finished.
- Machine hopping is prohibited when people are waiting.
- Personalized training programs are available to members upon request. Check with the fitness instructor of your choice for information and rates.
- Food and drinks are not allowed in the Fitness Center. Water (in closed containers or thermoses only) is allowed.

AQUA GROUP EXERCISE

- You must sign a fitness waiver/questionnaire before participating.
- Please be on time for class in order to ensure a safe and efficient workout. If you are late for

class, you are advised to stretch all major muscle groups at the pool deck before entering. Also, as a courtesy to others, remain to the side of the group until you can judge the flow and intensity of the workout and move into the class without obstructing anyone's movement.

- It is important to wear aqua shoes to prevent slipping on the pool deck and pool bottom. These shoes can be purchased at all area sporting goods stores. More information on aqua shoes and other equipment can be obtained from the instructor.
- During aqua aerobics, all or part of the
- Lost or stolen cards should be reported to Member Services immediately. Members may be asked to show a photo ID to receive a replacement card.

CHILDCARE

- Blairwood Childcare is designed to allow Blairwood Members to enjoy the Club worry-free while their children ages 6 months to 7 years old are cared for in a fun and nurturing environment. Full Members can use up to 2 hours of childcare per day at Blairwood. Parents must remain at the Club while their child is in childcare.

EMERGENCY PROCEDURES

- In the event of an emergency, the Blairwood staff is trained and prepared to handle emergencies in an efficient and effective manner. If you witness an emergency, contact Member Services immediately. The club's AED and first aid kit are located at the Member Services desk.

LOST & FOUND

- Lost & Found is located at Member Services inside the club. If you find a lost item, please bring it to Lost & Found. If you lose an item, please come to Member Services to identify it, as some items may not be able to be identified over the telephone. Valuable items are held for 30 days in the Business Office. Clothing and other items are stored in the club for up to two weeks. After the appropriate time, items will be donated or discarded.
- Blairwood will not be held liable for any items lost or stolen while on club grounds.

PROHIBITED ITEMS

- Glass, cans, illegal drugs, and weapons of any sort are prohibited anywhere on Club grounds.
- No alcoholic beverages are permitted to be brought onto the Club grounds, by order of the City of Hurstbourne and the Department of Alcoholic Beverage Control. Blairwood reserves the right to inspect all items entering or exiting the Club.
- Blairwood is a SMOKE FREE facility. No smoking is permitted on Club property.

CLUB DUES

- Monthly billing cycles are from the first to the last day of each month. Monthly dues are processed by electronic funds transfer or an established credit card or bank account on the 5th of each month.
- If you wish to change your billing method, please provide Member Services with your new credit card/checking account information by the 20th of the month prior to the month in which you would like to make a change.

MEMBERSHIP UPGRADES, HOLDS & TERMINATION

- Membership upgrades, including the addition of family members, can be made at any time at Member Services.
- Any hold requests must be received by the 20th of the month prior to the hold. See Member Services for more information.
- Membership terminations must be received by the 20th of the month prior to the termination.

CLUB PROGRAM REGISTRATION & CANCELLATION

- Registration and cancellation policies of any club programs (e.g., swim lessons, tennis clinics, etc.) are stated on registration materials for each program. See Member Services for more information.